

Company Profile





LESHMA MAIBCHUND

A Life Coach can give you more confidence and help you discover your full potential – something which lies hidden in all of us.

Life isn't about what you have done or what you can do, but what you do every day. That is who you become, it's about making a difference.

Leshma Maibchund is the founder of Positive Lane (Pty) Ltd providing services such as Life Coaching, Neuro Linguistic Programming, Neuroscience Coaching, Cognitive Therapy, Mental Health, and Mindfulness Coaching. She offers custom-engineered programs for the needs of Individuals and Organizations to bring about transformation. The work culture of Positive Lane is based on the flow of energy, as this is the basis of life itself. Leshma believes that if we can manage this, then we can manage the emotions and mindsets of ourselves, teams, and organizations.

Life is full of experiences, not a race, so enjoy the ride and remember, The Journey begins with YOU!

“So often we are afraid to express ourselves honestly with our partners, to acknowledge our faults and insecurities, preferring instead to hide them in a quest for approval.

To understand, respect and being honest with each other are three valuable tools in communication.

Sharing feelings brings you closer together, by arguing you are just further away from each other”.



WHAT WE DO



PERSONAL
DEVELOPMENT



TEAM COURSES &
CORPORATE
COACHING



CUSTOMISED
ORGANISATIONAL
PROGRAMS



ROADMAPPING

“To be more relaxed you first need to sit down and work out what is making you stressed. Write down thoughts that come into your mind and see what it is you are worrying about. Writing down your worries is a way of acknowledging yourself of them rather than leaving them to circle your mind all day”.

Leshma Maibchund



OUR VISION

Positive Lane is committed to Changing the Way We View mental Wellness through Enlightening Spirits, Engaging Services, Embodying Strength, Empowering Self, and Increasing Emotional Support for our clients through innovative resources and venues that improve the quality of life.

OUR MISSION

Our Mission is to transform lives by allowing people to see the potential they have within them for being more than what they presently are. It matters not where you are on the journey of life just beginning, in the middle or later years -- there is always the potential to reach higher.

That is what we do, assist you in reaching higher, from wherever you are, so that your dreams will be fulfilled.



CONTACT

POSITIVE LANE

4 lone Close Avenue, Lonehill, Gauteng

084 777 4452

www.positivelane.co.za

leshma@positivelane.co.za

